

Sonya's Saybrook Safari

Total Distance: **32.55 miles**

Elevation Gain: **1064 feet**

Degree of Difficulty Index: **1064 ft / 32.55 mi = 32.69 ft/mi** Terrain: **Flat to Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Chester**

Starting Location: **Rt. 9 Exit 8 CPL (Rt. 148) in Chester**

Ride Description: **This is a very mellow ride that travels to Old Saybrook on mostly back roads w/ just a tad of state road riding (wide bike lanes). En route to a lunch stop or snack break @ Saybrook Point, the ride visits Cornfield Point and makes a circuit of Fenwick. After the lunch/snack break stop, there will be some riding along Rt. 154 and Rt. 1, again w/ wide bike lanes. This is a very nice ride over flat to rolling terrain between Chester and Old Saybrook w/ extensive views of the shoreline.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
5.0	<i>Centerbrook section of Essex</i>
12.0	<i>Beginning of section w/ extensive views of marshlands</i>
13.4	<i>Cornfield Point; ocean views</i>
15.3	<i>Entrance to Fenwick; lovely summer "cottages"... Yeah, right!</i>
17.8	<i>Saybrook Point: views; possible lunch/snack stop; bathrooms</i>
18.3	<i>Views of North Cove</i>
19.8	<i>Old Saybrook business district</i>
27.4	<i>Centerbrook section of Essex</i>

Note: Fenwick (miles 15.3 – 16.9) is a private community and therefore the residents should be afforded extra respect. Occasionally, access to the community may be restricted.

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