

Niantic/Waterford/New London Wanderings (short version)

Total Distance: **31.7 miles**

Elevation Gain: **586 feet**

Degree of Difficulty Index: **586 ft / 33.3 mi = 17.60 ft/mi**

Terrain: **Flat**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Niantic (East Lyme)**

Starting Location: **Niantic Center School, Rt. 156 (W. Main St.) in Niantic located about two miles east of the intersection of the Rocky Neck Connector (I-95 Exit 72) and Rt. 156.**

Ride Description: **This is a lovely ride through portions of Niantic, Waterford and New London over mostly flat terrain. The ride visits Black Point, the entrance to the Millstone Nuclear Power Station, the Seaside Regional Center (Connecticut Dept of Mental Retardation) now closed, Harkness State Park and Fort Trumbull State Park (good lunch/snack stop).**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
1.5	<i>Start tour of Black Point</i>
6.7	<i>McCook Park (views); bathrooms & water</i>
8.8	<i>Entrance to Millstone Nuclear plant (closed to public since 9/11)</i>
12.2	<i>Tour Seaside Regional Center (spectacular views of the Sound)</i>
14.2	<i>Harkness State Park (views); bathrooms and water</i>
14.7	<i>Side entrance to Camp Harkness</i>
16.7	<i>Start tour along the Thames River (views)</i>
17.6	<i>Mitchell College Campus</i>
18.9	<i>Pfizer Research Center</i>
19.6	<i>Fort Trumbull State Park (views & lunch/snack stop); bathrooms and water</i>
21.4	<i>Michael's Dairy (closed) and Mitchell College campus</i>
27.3	<i>Entrance to New London Country Club</i>
	Note: there are several convenience stores, etc. located along the ride's route.

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