

Historic New London Bike Trip

Total Distance: **30.0 miles**

Elevation Gain: **811 feet**

Degree of Difficulty Index: **811 ft / 30.0 mi = 27.03 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Flanders (East Lyme)**

Starting Location: **I-95 Exit 74 CPL (Rt. 161) in Flanders (a section of East Lyme)**

Ride Description: **This ride starts from an inland location and wends its way down to the shoreline. En route to the USCG Academy campus, the ride visits the Connecticut Seaside Regional Center and Harkness Park. After touring the USCG Academy, the ride climbs to the Connecticut College campus and then returns to the start using some seldom traveled back roads.**

Note 1: due to the 9/11 tragedy, personal identification (driver's license is acceptable) must be shown to gain access to the USCG Academy.

Note 2: there are several very difficult turns and traffic situations on this ride. They are highlighted on the route sheet. Take care to negotiate these areas safely.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
2.9	<i>Start section w/ occasional views of the Niantic River; lovely homes/estates along here</i>
10.0	<i>Seaside Regional Center for Connecticut Dept. of Mental Retardation (not operational); views</i>
12.0	<i>Harkness State Park; water & bathrooms (seasonal); views of lovely grounds & ocean</i>
12.5	<i>Rear entrance to Camp Harkness</i>
14.4	<i>Beginning of tour along the Thames River; Mitchell College campus (river views)</i>
16.2	Fred's Shanty...possible lunch stop
16.7	<i>Pfizer Research Center</i>
18.0+	<i>New London RR Station(several places to purchase food in the vicinity)</i>
19.4	Entrance to USCG Academy campus (identification required to gain entry)
21.1	<i>Entrance to Connecticut College campus (lovely vistas)</i>
21.6	<i>Connecticut College Arboretum (on right just after turning onto Gallows Lane)</i>

www.ctbikeroutes.org

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DPS, 7/28/00 (updated 8/26/07)