

249 Westbrook to Haddam Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **48.3 miles**

Elevation Gain: **2575 feet**

Degree of Difficulty Index: **2575 ft / 48.3 mi = 53.3 ft/mi**

Terrain: **Rolling to Hilly**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Ted Lane Field, Westbrook, CT**

Starting Location (detailed directions to): **From I-95 exit 65, proceed south on Essex Rd (Rt 153). Turn right at the end onto Boston Post Rd (Rt 1). A quick left onto S. Main Street, and then another quick left onto Fiske Ln. Immediately turn left again to enter Ted Lane Field. The fields are located behind the Westbrook Fire Department complex.**

Ride Description: This is a companion (longer) version of the 250 Westbrook to Almost Haddam Ride (35.1 miles), and shares many of the same quiet country roads for the first 18.4 miles, and then again shares the same return route starting at mile 33.6.

The ride starts from an easily accessed sports field park with ample parking. The route heads northerly on gentle rolling terrain into Ivoryton and Essex. Beautiful CT River views along River Road into Deep River. From Deep River, a gentle climb into Chester. The route then follows W. Main Street (Rt 148) where at mile 18.4, you turn on Cedar Lake Rd and up towards Pattaconk Reservoir. It's just a short side deviation to the reservoir from the route if you wish to stop and regroup. Continue to gently climb up N. Cedar Lake Rd until Plains Rd and a nice downhill section. After a short ride on Saybrook Rd (Rt 154), the route then continues to climb up Jail Hill Rd to Beaver Meadow Rd. At mile 30.2 There is a short side deviation to a convenient rest point at the end of Beaver Meadow Rd and Killingworth Rd (Rt 81). The route then continues on beautiful quiet country roads that take you back to Clinton and Westbrook and through some shoreline communities. Once back in Westbrook, nice views of Long Island Sound can be enjoyed while stopping at the Westbrook Town Beach. You're only a few miles from the end of the ride, so it's a nice place to relax before returning to the starting point of the ride.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Parking, Bathrooms (seasonal)</i>
6.3	<i>Ivoryton Gazebo, Porta-lets (seasonal)</i>
19.9	<i>Pattaconk Reservoir Area (Porta-lets (seasonal), Nice Views</i>
30.2	<i>Break Area, Ice cream (seasonal), restaurant, picnic tables</i>
47.1	<i>Westbrook Town Beach, Bathrooms (seasonal), Views of Long Island Sound</i>
48.3	<i>Parking, Bathrooms (seasonal)</i>

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Ride description: Wu-New250

Route sheet: RS-New250

Ride submitted by: Finlay Ferguson (7/2024)