

2009 Half-Triathlon Ride (W. Pond Meadow Version)

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **56.3 miles**

Elevation Gain: **2777 feet**

Degree of Difficulty Index: **2777 ft / 56.3 mi = 49.32 ft/mi** Terrain: **Rolling to Hilly**

Killer Hills: **Difficult ¾ mile stretch on County Rd starting @ mile cue 13.1 (+/-); lengthy 2.5 mile climb on Beaver Meadow Rd starting at mile cue 26.5.**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Madison**

Starting Location (detailed directions to): **West Beach Parking lot in Hammonasset State Park in Madison; use I-95 Exit 62 and go south on the Hammonasset Connector to the TL; cross Rt. 1 @ the TL onto the access road into the park (there is a parking fee during the late spring, summer and early fall); continue past the toll booths to the rotary and follow signs to West Beach.**

Ride Description: **This is one of several routes that were developed for (possible) use during a 2009 Half Triathlon starting from Hammonasset SP. It features some significantly hilly sections while traveling inland largely on back roads w/ a minimum of traffic thru No. Madison, Killingworth, Higganum & Haddam to the top of Beaver Meadow Rd. @ mile cue 29.0 --- at which point the route continues back into Killingworth, on to Chester, Westbrook and Clinton before returning to the starting point. For recreational riders the route provides a challenging workout w/ interesting views of some up-scale neighborhoods as well as several sparsely populated and forested areas.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Hammonasset State Park – West Beach area</i>
8.3	<i>Camp Laurel Wood on left (summer camp for kids)</i>
13.1	<i>Start of tough ¾ mile hill climb on County Rd</i>
21.6	<i>Higganum Village business district</i>
28.3	<i>Turn-around point on Beaver Meadow Rd for the "out-and-back" version of the Triathlon ride</i>
34.9	<i>Entrance to Chester Airport on the left</i>
37.2	<i>Village of Winthrop --- don't blink or you'll miss it</i>
39.0	<i>Messerschmidt Pond and it's spillway on the right</i>
45.8	<i>Clinton Country Club on the left</i>
51.2	<i>Small pond w/ gazebo to the left</i>
56.3	<i>Hammonasset State Park – West Beach area</i>

www.ctbikeroutes.org

Ride description: Wu-New171

Route sheet: RS-New171

Ride submitted by: Don Shildneck, 11/18/08 (updated 1/4/09)