

## SCCC's Shoreline Short Ride

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **10.3 miles**

Elevation Gain: **290 feet**

Degree of Difficulty Index: **290/10.3 = 28.15 ft/mi**  
None

Terrain: **Flat to rolling**

Killer Hills:

Geographical Region: **Southwest Connecticut**

Starting Location (city/town): **Milford**

Starting Location (detailed directions to): **Jonathan Law High School, 20 Lansdale Ave., Milford, but meet at the parking lot on the Milford Point Road side (the parking lot farthest from Rt. 1), Take I-95 Exit 34. At bottom of ramp turn left. Lansdale Ave is the first right (Walgreens on the corner). Right on Lansdale Ave to the light at Milford Point Rd. Right at the light, then immediate right into the parking lot.**

Ride Description: **This short ride travels over essentially flat terrain through interesting portions of Milford with relatively light traffic and features some outstanding views of L. I. Sound. It visits the Audubon Center early in the ride, passes through Silver Sands State Park using service roads and provides a view of Milford Harbor towards the end of the ride.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Jonathan Law High School
2.3	<i>Connecticut Audubon Coastal Center (interesting displays inside; views from the 2<sup>nd</sup> deck) Look for the osprey nests on platforms in the 840-acre Charles E. Wheeler Salt Marsh Downtown Bridgeport and the Shakespeare Theater in Stratford are visible across the marsh</i>
4.2	<i>Walnut Beach, a Milford city beach is on the right</i>
4.6	<i>Nettleton Ave. was closed to through traffic when the state opened Silver Sands State Park</i>
4.8	<i>Start ride through Silver Sands State Park on service roads This road used to be a direct connection between Broadway and East Broadway, but was closed when Silver Sands State Park opened. Portions are gravel for about a third of a mile.</i>
5.6	<i>Beach view at park exit</i>
6.5	<i>Terrific views from Fort Trumbull toward Gulf Beach and the entrance to Milford Harbor</i>
6.7	<i>Northeast Fisheries Science Laboratory, operated by the National Oceanic and Atmospheric Administration on right</i>
7.7	<i>View of Milford Harbor from dock at end of High St</i>
10.3	Jonathan Law High School

**Note: This ride has been provided by the Southern Connecticut Cycle Club from its Ride Library as a service to the Connecticut bicycling community**

[www.ctbikeroutes.org](http://www.ctbikeroutes.org)

Ride description: **Wu-New133**

Route sheet: **RS-New133**

Ride submitted by: **SCCC (www.ctcycle.org/DPS, 6/16/07; updated 5/20/11)**